

Time to Clean the Scene

Your refrigerator is an important appliance! Make it the focus of your spring cleaning! Take steps to clean and sanitize refrigerator surfaces:

First, throw away perishable foods in your refrigerator that should no longer be eaten. Refer to the [cold storage chart](#).

- Remove refrigerator drawers and clean them with hot water and soap in the kitchen sink.
- Clean other interior refrigerator surfaces with hot water and soap, then rinse with water. Wipe dry with a clean cloth.
- After cleaning, use a diluted bleach and water solution (1 T liquid bleach to 1 Gal water) on shelves, drawers and other interior surfaces of the refrigerator.

Clean the refrigerator's condenser coil with a brush or vacuum cleaner to remove dirt and lint. This can help your refrigerator operate more efficiently.

Article retrieved from FightBac.org

Time for Spring Cleaning

Spring has rolled around and you all know what that means.....time for Spring Cleaning. Here are some quick tips and a checklist to help you organize your cleaning process this year.

There's three basic steps for spring cleaning:

Deep Cleaning - Consists of wiping down walls, cleaning windows, wiping out cupboards, and cleaning under furniture.

Organization - Cleaning out closets, drawers and cabinets. This is where you get a chance to go through your clothes, the kid's toys and get rid of things that are outgrown or not played with anymore. Also, look for broken items during this step.

Maintenance - You can complete the deep cleaning and organization at the same time, but for maintenance it will take you some extra time and some extra determination. In this process, you want to make sure that everyone in your household helps you to keep your house organized and picked up as well as helping keep it clean.

Before you begin your spring cleaning, prepare yourself for what lies ahead. Don't overwhelm yourself with everything you have to do. Instead make a realistic list and spread it out over time. Don't try and accomplish everything in one weekend and get frustrated because you weren't able to finish it.

Make a list of all the cleaning supplies you have on hand and a list of cleaning supplies you need to purchase.

Create a reward for yourself and your family for accomplishing tasks. Maybe you all want to go to a new movie or eat out at your favorite restaurant.

Make sure your house is picked up before you begin your spring cleaning. Have a clean kitchen, picked up rooms, and laundry out of the way so you aren't trying to find space while cleaning, BUT you will also have all the not so fun daily tasks out of the way.

Utilize your notebook that includes your cleaning plan and check things off as you get them done.

If you are a very organized person and family and you keep your house picked up and dusted regularly, then Spring Cleaning isn't such a bad thing for you. For people like me.....Once you have your Spring Cleaning done, stick with the housework throughout the year so your Spring Cleaning doesn't have to be painful every year!

Information retrieved from: HillbillyHousewife.com Ebook: Spring Cleaning Tips for Mom; Take On This Cleaning and Organizing Task Step By Step - Written by Susanne Myers.

Checklist for Spring Cleaning – Room by Room

Kitchen

- Dust and Clean Walls
- Clean Fans, Vents, and Fixtures
- Wipe Tops of Cabinets and Fridge
- Clean Windows and Screens
- Clean out Cabinets
- Clean Oven and Cook Tops
- Reorganize and Wipe Down Pantry
- Clean Fridge and Freezer
- Throw Away Old Food
- Clean Counter and Table
- Clean Out Sink, Drains, Disposal
- Sweep or Vacuum, and Scrub Floor

Living Room

- Clear Messes From Tables
- Sort Through Collections
- Get Rid of Clutter
- Wipe Walls and Ceiling
- Clean Windows and Screens
- Wipe Down Electronics
- Dust Photos and Knickknacks
- Dust Shelves and Furniture
- Clean Couches and Chairs
- Vacuum Carpets, Sweep Hardwood
- Steam Rugs, Mop Floors



Bathroom

- Wipe Down Walls
- Clean Windows
- Clean Out Toiletries
- Wipe Out Cabinets
- Reorganize Cabinets
- Clean Sink and Counter
- Clean Mirror and Pictures
- Scrub Toilet
- Clean Tub and Shower
- Sweep, Mop, Vacuum Floor

Bedroom

- Clean Out Closet
- Clean Out Dresser
- Neaten Dresser and Night Stand
- Clean and Sort Toys, Books and Games
- Wipe Down Walls
- Clean Windows
- Dust Knickknacks, Tables and Dressers
- Clean and Turn Mattresses
- Clean Under Bed
- Sweep/Vacuum Floor
- Mop/Steam Clean Floor
